**RISK Meeting  
December 7, 2017**

**Participants and Enrollment**

**Completed Study: 10**

**On Study: 18**

**Study Visits**

* October 2017-Novemver 2017
* Screens: 20
* Intakes: 16
* Follow-up Visits: 12
* Total Study Visits: 48!

**Scheduled Visits**

* Scheduled Screens: 0
* Scheduled Intakes: 0
* Scheduled Follow-Up Visits: 25

**Caseloads**

* Candace: 8
* Jill: 10 (2 participants were transferred from Sarah’s old caseload)

**MOVES**

* Updates?
* Should we limit study participation to iPhone users? What are the pros and cons of doing this?

**Survey Signal**

* A few participants have reported not receiving surveys-Fix: Set reminder prompt to be sent
* Do you want participants to continue to complete all study activities until follow-up visit# 3?
* Can we delete participants from Survey Signal when they are off-study?
* Sleep Schedule and Qualtrics (Enter @ Screen or Intake)

**Review and discuss new contact log for recovery environment interview**

* See attached

**Weekly Participant Compliance Checks**

* Goal: Train Megan and Alyssa on how to complete checks
* Lower Compliance % for Bonuses from 90 % to 80%

**Cell Phone Storage and Data Collection (Jill)**

* Examples: 030, 031, 032, 033

**Beddit and Transition away from the API**

* What sleep data needs to be documented? Is the list below still accurate? Where do you want the data documented?   
  Primary measures I want are:  
  Time get into bed at night  
  Time awake in morning  
  Total time in bed (calculated from the previous two)  
  Total sleep time  
  Sleep efficiency (calculated from total time in bed and total sleep time)  
  Latency to fall asleep

Secondary measures that indicate restless sleep would be nice but I tend to think that sleep efficiency and time to fall asleep will generally capture the "worry/rumination" in bed construct I'd like to capture as well as anything else

**Research Staff**

* Additional Support Needed

-RAs

-New Hire (Associate Research Specialist)